

**Name: K.S.SRINIVASARENGAN,
Healthcare-Facilitator - Apollo Hospitals,
Positive Psychologist.**

Degree's completed:

B.Com, MBA, M.Sc (Psychology) , PGD in Guidance and Counselling.

Courses done:

**Positive Psychology: Martin E. P. Seligman's Visionary Science,
University of Pennsylvania.**

Sit it Less, Get Active : The University of Edinburgh.

**Address: Room No 3, Third floor, Mennambigai complex,
3, Indira Nagar,
Agram Main Road,
Selaiyur,
Chennai -600073**

Mobile : 94424 55555

Email : ksrengan@gmail.com.

Website : www.eustress.in.

- **An experienced and confident Positive Psychologist real life fighter.**
- **Ability to motivate and recreate life by giving a real helping hand to humanity.**
- **Counsellor first-class communicator and motivator.**
- **Knowledge about psychiatric medicines, ergonomic, stress specialist.**
- **Clients _ - Leading IT and Corporates, Police and Govt Departments,
Anna Institute of Management (Tn Govt Training Centre), VIT - VELLORE**
- **Completed hours of talk & counselling: more than 1000 hours**

Services utilised by Apollo Hospitals .

Topics handled

**Life skills, Social skills, Managerial skills, Motivation (pediatrics to geriatrics).
Self concept, Communication skills, Interpersonal skills, Thinking skills, Interview Skills,
Work life integration, Stress Management, Self efficacy, Psychology & Management Topics**

Member :

**Lions Club International,
Charter President-lions club of camp Road,
District Chairperson-Student Counsellor.**